### Kitchen Herbs

### Basil



Basil, a staple in Italian cuisine, adds a sweet, minty flavor to tomato sauces, salad dressings, and fruit salads.

## Rosemary

Rosemary's robust, piney flavor complements roasted vegetables, meat dishes, and baked goods.



Cilantro imparts a bright, citrusy flavor, ideal for enriching sour cream-based dips, meat pies, and cheese sauces.



Thyme's subtle, earthy essence enhances poultry, fish, and vegetable dishes, as well as soups and stews.





Parsley, with its fresh, grassy taste, is best used to add brightness and flavor to soups, stews, and egg dishes.

# Oregano

Oregano's warm, slightly bitter taste adds depth to tomato sauces, meat dishes, and pizzas.

#### Mint



Mint offers a refreshing, cooling taste that elevates fruit salads, teas, and lamb dishes.



Dill's delicate, mildly tangy flavor pairs well with fish dishes, potato salads, and salad dressings.